

# Natural Health News

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EVERGREEN SPA & WELLNESS  
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## HPV VACCINES ARE DANGEROUS



In 2006, Merck introduced Gardasil, the first vaccine for human papilloma virus (HPV), in the U.S. HPV is a virus that causes genital warts and the infection could potentially progress into cervical cancer; however, the evidence indicates that cervical cancer can develop without HPV infection, which casts doubt on a causal connection. One needs to have other risk factors such as smoking, oral contraceptive use, a weakened immune system, other infections or high-risk factors in order to develop an HPV-related cancer. HPV infection occurs in most sexually active adults and is cleared from the body with no interventions by over 90 percent of people within two years of infection. When it comes to HPV vaccines, the news gets worse and worse. These vaccines are linked to primary ovarian failure (premature menopause), Guillain-Barre Syndrome (GBS), death and reports of many more serious adverse reactions and emergency room visits—more than other vaccines. Yet public health officials continue to proclaim their safety. As the evidence of danger mounts, it is becoming increasingly clear that these vaccines are not about public health, but rather wealth for the vaccine makers. In recent years, scientists have examined the brain tissue of young women who died not long after receiving Merck's Gardasil vaccine. They found antibodies to viral strains in the Gardasil vaccine in the patients' brains and evidence of an autoimmune reaction. They found particles of the vaccine in the brain as well. All females were previously healthy. Scientists insist that the blood-brain barrier cannot be reached, but these results suggest otherwise. Even more troubling is the fact that these tragic events occurred in healthy females. Now imagine what is happening in newborn babies whose blood-brain barriers won't be fully developed for several years. Health authorities insist this is nothing to worry about. Other researchers have reported on the risk of developing GBS after HPV vaccines. GBS is a very serious dysfunction of the immune system in which the immune system attacks part of the nervous system resulting in a wide range of debilitating symptoms including weakness, tingling, and ultimately paralysis and even death. It is a known side effect of other vaccines but U.S. health officials say it is a coincidence following HPV vaccines. One of the most tragic conditions reported following HPV vaccines is that of primary ovarian failure, or in common language, premature menopause. This has occurred in many young women. Treatment with hormone replacement therapies had no impact and these young women will never have children. They had no genetic abnormalities that could explain the condition other than the HPV vaccine. They also experienced nausea, headaches, sleep disturbances, pain and cognitive and other "psychiatric disturbances." A new study out of Canada clearly shows just how dangerous HPV vaccines are. The study looked at 195,270 girls who received HPV vaccination. Of the vaccinated girls, there were 958 hospitalizations and 19,351 emergency room visits. Interestingly, the authors state that only 198 adverse events were reported. This shows how vaccine reactions are downplayed by hospitals alone. Vaccine makers and the health authorities who promote, mandate and monitor the safety of these vaccines always downplay adverse reactions to vaccines. In the industry, Gardasil, Merck's HPV vaccine is referred to as the "have-to-pay-for-Vioxx" vaccine. The company paid out seven billion dollars in liabilities for Vioxx, which killed somewhere between 100,000 and 150,000 people. The prescription drug had to be pulled off the market. The appeal of the HPV vaccine is that it is highly profitable as well as liability free.

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**STORE HOURS:**

Monday – Saturday  
9 am-5 pm  
CLOSED SUNDAYS

**SPA HOURS:**

By Appointment



With more than 75 million U.S. people between the ages of 9 and 26, this makes it a 32 billion dollar market in the U.S. alone, with a perpetual annual revenue of about 3 billion dollars. To put this in perspective, Lipitor, Pfizer's popular statin drug was pulling in 5 billion dollars per year. No liability for the manufacturers, means it is pure profit. Vaccines in general, and HPV vaccines in particular, are a huge untapped market for drug companies. Furthermore, vaccine manufacturers do not have to do expensive, long term, double-blind placebo studies, and they do not have to take liability reserves as drug companies cannot be sued for vaccines. They have huge marketing funds that drive intense campaigns. They will stop at nothing to meet their numbers, including gagging scientists, arresting researchers, paying off the CDC, smearing reputations of doctors, and far worse things. Parents need to understand the nature of this vaccine, the side effects and what it purports to prevent versus what it actually does. They need to make decisions regarding this dangerous vaccine after they are properly informed. Also please note that under California law, school nurses are permitted to vaccinate your child with HPV without your knowledge, consent or permission. Educate yourself, educate your child and protect your family! In clinical trials for these and other vaccines— get this— the placebo is an aluminum hydroxide solution— a deadly additive! If you compare a poison against a poison, the death rate will of course be equal, therefore allowing them to dismiss the side effects as normal and natural. HPV vaccines are capable of causing serious adverse reactions including catastrophic disability and death. I encourage you to educate yourself on the topic of vaccines in general by watching the movie "The Greater Good" ([greatergoodmovie.org](http://greatergoodmovie.org)), check out all the research on their website in their Catalog of Science; also check out the vaccination page for Weston A. Price Foundation ([westonaprice.org/vaccinations](http://westonaprice.org/vaccinations)). All these sources are fully referenced with scientific literature you will not hear about from health authorities or your physician. But that does not make them any less true. Please also check out the new movie "Vaxxed: From Cover Up to Catastrophe" ([vaxxedthemovie.com](http://vaxxedthemovie.com)), which documents the fraud and cover up at the U.S. Centers for Disease Control and Prevention regarding the vaccine-autism link. "We Don't Vaccinate" is a sensitive, expressive and discerning documentary. Strictly factual, it stays solely on the vaccine track tackling the contemporary vaccine issue like no other film before. Out of Germany, Michael Leitner's documentary, deserves a widespread worldwide audience so that the mass hypnosis which allows these pharmaceutical companies to continue these crimes can finally come to an end. All these sources try to tell you the truth according to the science, not what a health official or other party with an ideological, political or financial interest might want you to know. Educate yourself and protect yourself and your family!

## MARCH SPECIALS

Ancient Harvest—Organic Hot Cereal, 10.58 oz.	30% OFF
Ancient Harvest—Lentil & Quinoa Pastas, variety, 8 oz.	30% OFF
Back to Nature— Sprouted Blend Cereal, Berry, 10 oz.	30% OFF
Cherrybrook Kitchen—GF Brownie & Cake Mixes, variety	30% OFF
Cherrybrook Kitchen—Frosting Mix (Chocolate or Vanilla)	30% OFF
Flamous Brands—Organic Falafel Chips, 8 oz.	30% OFF
Hansen's Beverages—Natural Sodas, 6-packs, assorted	30% OFF
Late July Snacks—Organic Tortilla Chips, variety	30% OFF
Mediterranean Organic—Vinegar—Red or Balsamic	30% OFF
Mestemacher Bread—German Whole Grain Bread	30% OFF
Once Again—Peanut Butter, variety, 16 oz.	30% OFF
Santa Cruz Organic—Organic 100% Lemon Juice, 16 oz.	30% OFF
Way Better Snacks—Tortilla Chips, variety	30% OFF
Wild Garden—Hummus (shelf-stable), select varieties	30% OFF
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### BUSINESS HOURS:

**MONDAY through SATURDAY 9 AM—5 PM**  
**Closed Sunday**

**WE LOOK FORWARD TO SERVING YOU!**

## *Lemon Herb Quinoa with Spring Peas, Hemp Seeds, and Basil*

Welcome spring with this great recipe:  
 Rinse 1 cup dry quinoa; transfer to a pot and add 2 cups cold water and a pinch of salt. Bring to a boil. Reduce to simmer, and simmer for about 15 minutes until quinoa is plump and all the water is absorbed. Remove from heat and let sit, covered, for 5 minutes or so. Fluff with a fork and set aside. While quinoa is cooking, boil 1 cup fresh or frozen peas until warm and tender. Drain and set aside. Mix quinoa, peas, 1/4 cup fresh basil (chopped), and 1/4 cup shelled hemp seeds in a large bowl. Whisk together 2 TBSP. olive oil, 2 TBSP. fresh lemon juice, 2 tsp. Dijon mustard, 1 tsp. maple syrup, 1/4 tsp. sea salt, and a dash of black pepper. Pour over the quinoa salad mixture, and serve warm or cold. Enjoy!